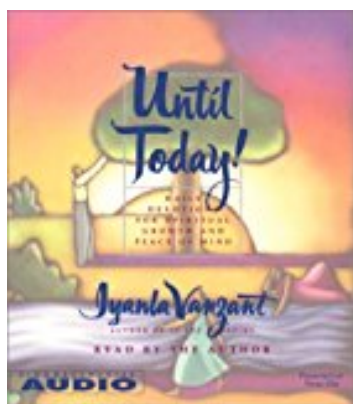


[PDF] Until Today!: Devotions For Spiritual Growth And Peace Of Mind

Iyanla Vanzant - pdf download free book



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Description:

This book of 365 daily devotionals supports the time-honored adage, "Why put off until tomorrow what you can do today?" The charismatic spiritual leader Iyanla Vanzant knows how easy it is to stay stuck in "old sentiments, resentments, beliefs, decisions, agreements, judgments, and ideas that may have become habitual." Through these devotions Vanzant hopes to show readers that the easiest way to create change is to simply shift your attitude--*today*. "We often work so hard to get the things we

want that we miss the fact that it is the landscape of the inner world that stands between us and true happiness."

In the closing paragraph of each one-page devotional Vanzant names an old way of thinking and offers readers a new attitude to try on "just for today." For example, Vanzant writes, "Until today, you may have believed that you had to stay in the painful hole of hurt caused by the loss of a loved one. Just for today, make a conscious effort and choice to cover the hole and move on." Some might consider these devotions a fancy term for affirmations. Vanzant scoffs at the notion. Time spent in devotion is not a "New Age trick through which you can impose your will on God, the universe, or those around you," she writes. "Devotion is the reverent, personal act of surrendering your will to the Divine will." --*Gail Hudson* --This text refers to an out of print or unavailable edition of this title.

From Library Journal More inspiration from Vanzant.

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