

[PDF] The Mother Of All Baby Books

Ann Douglas - pdf download free book



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Author: Ann Douglas
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Description:

Review "Babies don't come with instruction manuals.' Well, Ann Douglas'The Mother of All Baby Books is the next best thing! Covering everything imaginable -- from newborn care and bathing basics to babyproofing your home and coping with sleepless nights -- this valuable resource gives you lots of ways to nurture this amazing new person in your life while still keeping your sanity. Ann's wise ideas, researched information, and real-life tips will help you make this time even more magical and memorable." - ePregnancy magazine -- July 2002

Review Acclaim for The Mother of All Baby Books and Ann Douglas

"Indispensable! Every mom and dad should be issued a copy of this book at the hospital!" —Denise & Alan Fields, authors of *Baby Bargains*

"Down-to-earth, informative, empowering and entertaining, this book holds your hand when you're uncertain, hugs you when you're discouraged, makes you laugh when you're aggravated, and inspires you when you're pushed to your limits. Also, this book doesn't shy away from looking at the issues around childbearing losses. So if you're a mother with special circumstances, you can pick up this book with ease, knowing that your experiences are reflected and gently acknowledged."

—Deborah L. Davis, Ph.D., co-author of *The Emotional Journey of Parenting Your Premature Baby: A Book of Hope and Healing*

"The Mother of All Baby Books is an amazing resource that all new mothers will love. Brilliantly presented, the book is both practical and inspirational, and no topic is left unexplored. Ann Douglas is the kind of savvy and reassuring guide that you'll want by your side as you embark on the monumental journey into motherhood." —Cecelia A. Cancellaro, author of *Pregnancy Stories: Real Women Share the Joys, Fears, Thrills, and Anxieties of Pregnancy from Conception to Birth*

"The Mother of all Baby Books provides excellent advice for topics that are easily overlooked during the pregnancy/baby adventure. The real life examples do a superb job supporting these topics in addition to giving you creative ideas on how you can implement these helpful suggestions into your life." —Sandra Gookin, co-author of *Parenting For Dummies, and Parenting For Dummies, 2nd Edition*

"There's nothing like another 'Mother' to help you navigate the amazing first year with a new baby. The Mother of All Baby Books has advice for almost everything you'll encounter." —Paula Spencer, "The Mom Next Door" columnist, *Woman's Day Magazine*; author of *Everything ELSE You Need to Know When You're Expecting*

"With humor, sensitivity, an easy, no-jargon style, and a million 'extras' that the leading baby books on the shelves don't cover, Ann Douglas holds nothing back. Finally, a baby book written for women of my generation!" —M. Sara Rosenthal, author of *The Breastfeeding Sourcebook*, and founder of www.sarahealth.com

"A major thumbs-up goes to The Mother of All Baby Books - a fabulously written, comprehensive guide to baby care that is definitely a must-read for any parent or caregiver. Full of real-life experiences and wonderful tips, this book answers all those nagging little questions that plague parents, as well as providing scads of valuable ideas on how to do a bang-up job of baby care. It covers the wholespectrum-everything from getting prepped for the magical moments (meeting/greeting your brand-new baby), to brass-tack practicalities, such as choosing a baby carrier. (I'll definitely keep this book close at hand for my own new-baby questions this year!)" —Jennifer Shoquist, M.D., author of *Potty Training For Dummies*

"Ann Douglas has done it again! Like her pregnancy books, this new baby-rearing guide is comprehensive yet easy to read. Parents will find answers to all their questions, from big decisions ('How do we choose a pediatrician?') to minor matters ('Which wallpaper for the nursery?'), from age-old anxieties ('Is my baby eating enough?') to contemporary concerns ('Should we bank the umbilical cordblood?'). Plus, the book is reader-friendly and fun, with its practical suggestions reinforced by lively anecdotes from savvy, experienced parents." —Tamara Eberlein, coauthor of *When You're Expecting Twins, Triplets, or Quads and Program Your Baby's Health*

"As the old saying goes, 'Babies don't come with instruction manuals.' Well, Ann Douglas' The Mother of All Baby Books is really the next best thing! Covering everything imaginable - from

newborn care to bathing basics, babyproofing your home to coping with sleepless nights - you will find ways to nurture this amazing new little person in your life while still keeping your sanity. Ann's wise ideas, researched information and real-life tips will help you make this time even more magical and memorable." —Nancy Price, Editor, GeoParent.com, ePregnancy.com and *ePregnancy Magazine*

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