

# [PDF] The Baby-Led Weaning Cookbook: 130 Recipes That Will Help Your Baby Learn To Eat Solid Foods - And That The Whole Family Will Enjoy

Tracey Murkett, Gill Rapley - pdf download free book

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#### Books Details:

Title: The Baby-Led Weaning Cookbook

Author: Tracey Murkett, Gill Rapley

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## **Description:**

**Review** “This engaging resource features lots of recipes to encourage baby independence during weaning and should match the popularity of the previous guide.”

—**Library Journal**

**About the Author Tracey Murkett** is a voluntary mother-to-mother breastfeeding helper and coauthor with Gill Rapley of *Baby-Led Weaning* and *The Baby-Led Weaning Cookbook*.

**Gill Rapley**, the pioneering champion of baby-led weaning, worked as a public health nurse for over twenty years and has also been a midwife, lactation consultant, and voluntary breastfeeding counselor. She is currently pursuing a PhD in infant feeding.

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