

[PDF] Pure And Simple: Homemade Indian Vegetarian Cuisine

Vidhu Mittal - pdf download free book

Books Details:

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Author: Vidhu Mittal

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Description:

From Publishers Weekly Diners hesitant to attempt Indian dishes will be reassured by the steady, reassuring voice of culinary expert Mittals. In this collection of over 100 classic and contemporary dishes, readers are guided, literally, through step by step instructions for Aloo Gobi, a litany of lentil dishes, and other vegetarian fare, with the inclusion of color photos illustrating key steps.

Approachable enough for a beginner (dominated by staples such as pilafs, fritters, and stews), Mittal has an eye for presentation as well, evidenced by the multicolored Sweet Coconut Squares, coconut cakes topped with silver leaves and chopped pistachios; Spicy Chat Bowls that cradle a variety of fillings; and domed Semolina Cakes. Though most recipes come together fairly quickly, those new to Indian cooking will likely need to invest in a pressure cooker and a handful of other items, not to mention spices and key ingredients, in order to complete many of Mittal's dishes. Once properly

equipped, home cooks will find this a handy, confidence-building guide to vegetarian fare.
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From the Back Cover ?With step-by-step photographs for over 100 classic and contemporary vegetarian recipes, Pure and Simple makes preparing Indian food absolutely easy. Whether you are whisking yogurt or kneading dough, each recipe includes step-by-step photographs so that you can check to make sure you are achieving the right result at each stage. Pure and Simple also includes information on spices, vegetables, and kitchen tools, along with useful tips for each recipe. A separate section on cooking processes is helpful for both beginning and experienced cooks. --This text refers to the edition.

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