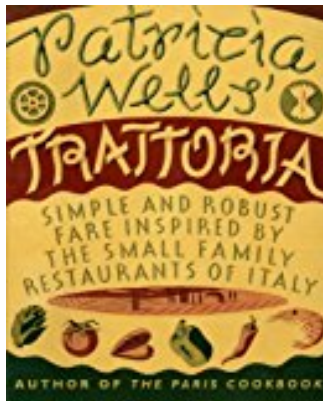


[PDF] Patricia Wells' Trattoria: Simple And Robust Fare Inspired By The Small Family Restaurants Of Italy

Patricia Wells, Steven Rothfeld - pdf download free book



Books Details:

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Description:

From **Publishers Weekly** "We instantly identify 'trattoria' with a simple, generous, full-flavored style of food," writes Wells (*Bistro Cooking*), and she was sufficiently impressed by trattoria

cooking to travel through Italy for about a decade, looking for the best in family-owned and -operated restaurants. The 150 recipes collected here are the result, gathered from many trattorias and regions of the country, and the harvest is memorable, whether it is the sauces (red pesto, made with sun-dried tomatoes, garlic, hot red pepper, olives, oil and herbs) or the desserts (toasted hazelnut cake) that most intrigue you. Wells covers appetizers, pasta, rice dishes, breads, meats, fish and more with down-to-earth dispatch and flair. ("Like so many popular dishes," she cautions, "eggplant Parmesan has been banalized," and she proposes a corrective.) In between recipes come advisories: "Pay attention to salt" (she prefers sea salt to table) and "Know your beans," in this case, the dried. Photos not seen by PW.

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From Library Journal Wells, well known for her books on France and French cuisine (e.g., *Simply French: The Cuisine of Joel Robuchon*, LJ 9/15/91; *Bistro Cooking*, LJ 12/89), has turned her attention to Italian trattoria cooking. Her new collection of informal, robust recipes, gathered from Italy's small family-run restaurants, should appeal to anyone who appreciates the unmasked flavors of high-quality fresh ingredients, simply but lovingly prepared. Wells's often lengthy headnotes are full of personal reminiscences but also paint a colorful picture of the country's relaxed, generous lifestyle. Wine suggestions follow each recipe, and there are sensible cooking tips throughout. Wells has many fans; recommended for most collections-- Paige LaCava, New York

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